



# SAVE

## Unleash your inner super saver!

Saving money can be hard, but it's an important step to preparing for retirement. By finding simple, easy ways to save a few extra dollars a month, you are taking steps toward achieving your long-term goals.

### Not sure where to start?

Take the Financial Wellness Challenge on the other side of this post card. You'll find a few action items to complete. They may seem small, but can make a big difference in the long run.

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# Financial Wellness

## To Do List

**Review your monthly subscriptions**  
Check things like gym, magazines, satellite radio, Amazon Prime, Netflix, Sling, apps, Movie Pass, etc. Cancel the ones that you aren't using.

**Pick one recurring bill and shop around for a better rate**  
Insurance, cable, credit cards, etc. Are you already getting the best deal around?

**Pack your lunch**  
Or eat at home at least three days each week for a month (at least 12 weekdays throughout the month).

**Check out the MERS IRA**  
Visit [www.mersofmich.com/ira](http://www.mersofmich.com/ira) to learn how this invested account can help you grow your savings for retirement or a variety of other needs.



## Take the Financial Wellness Challenge!

Simply check the boxes as you complete each item. Then, take a picture with your completed To Do List. You can submit your photo by posting it to MERS of Michigan's Facebook page by March 31, 2019, to be entered for a chance to win one of four \$100 Amazon gift cards.

Official rules at [www.mersofmich.com](http://www.mersofmich.com)

